

# NASH

## Doctor Discussion Questions



Talking to your doctor about NASH is critical, and it's a conversation that could save your life. Use our four easy questions to begin the discussion.

Revisit **NASHionalconversation.com** regularly for a full NASH Physician-Patient Discussion Guide, which is coming soon.

- ▶ I have a risk factor for NASH. What can I do to decrease that risk?
- ▶ Can you help me understand my liver enzymes, and can we review my historical labs?
- ▶ What are the top three lifestyle changes I should make, and what tools can help me achieve my goals?
- ▶ If my disease progresses, what is my timeframe for being able to reverse the damage?